

## Quilt Company East Retreat

**NEW!!! - Please bring your own water committee will not supply.**

**Also if you need to eat before 10AM you may bring a small breakfast food for in one of the 2 small refrigerators. Crestfield gives us more than enough food at meal times. Please do not bring any other food that has to be put in refrigerators as there is not enough room.**

**Pack sewing and dorm room supplies separately. They are separate unloading zones.**

### Arrival Time and Departure Time

- ❖ Wednesday after 3PM. All other days any time you wish. (Crestfield policy)
- ❖ Departure: 11:30 A.M. on Sunday. (Crestfield policy)
- ❖ NO ALCOHOL AT ANY TIME. NOT ALLOWED ON PREMISES.
- ❖ NO ORDERED IN FOOD SUCH AS PIZZA ETC. If you go out to eat you can bring back leftovers. (Crestfield policy)

### Retreat Project Supplies

- UFO's – patterns, fabric, thread & and any other special items required to complete each particular project
- Theme Quilt supplies – supply lists in Theme documents
- Secret Sisters gifts (at least 4 gifts, spend \$20 maximum)
- Charm Bracelet for new charm to be added using special tool. Charm is not included in price of retreat, but will be available for very minimal cost.
- Emergency medical information in sealed envelope

### General Sewing Supplies

*Please label your tools!*

- Sewing machine (accessories i.e. bobbins, extra needles, power cord, foot pedal, walking foot and instruction booklet)
- Rotary cutter (extra blade of the right size)
- Rulers
- Cutting mat
- Thread
- Pins (flat head flower pins are nice)
- Scissors
- Seam ripper
- Pillow for sitting
- Light for sewing
- Marking pen or pencil

- Design board (heavy poster board covered with batting/flannel – science project boards are great for this)
- Heavy duty extension cord and power strip with surge protection for all machines and irons. If you do not have this, you will be requested to borrow one or to go out and buy one. We will not be responsible for any damage to your equipment. Please unplug your sewing machine and iron each night before bed.
- Please be conscious of the space you are working in and keep your belongings within that area, except when using cutting, ironing or layout areas. Items can be stored under tables but not in aisle ways.

Each room at Crestfield has single beds and its own bathroom. Bed and bath linens are provided.

Personal Items to bring:

- ❖ Lidded cups and/or covered mugs for your hot and cold drinks (Drinking cups will not be supplied)
- ❖ Drinks of your preference. Coffee, tea, iced tea, bottled water, etc.
- ❖ Toiletries (Soap, shampoo, etc.)
- ❖ Comfortable shoes/slippers/flip flops/shower sandals
- ❖ Casual clothes
- ❖ Sleep wear
- ❖ Any special needs items that you require
- ❖ Medications (Hint: set alarms on your cell phone to remind you to take meds. It's easy to get busy and forget.)
- ❖ Extra pillow or quilt for your bed
- ❖ Alarm clock

### Questions:

**Lois Suppo**                      **412-977-1540**

**Kathy Crawford**              **412-860-7073**

### Courtesy and Reminders

- Crestfield is a smoke-free environment
- No candles or open flames are allowed
- Quiet hours in the dorm are between 11 PM and 7:30 AM. When entering or exiting the dorm area during this time, please speak quietly, close doors quietly, etc.
- On Sunday morning, please pitch in to assist the committee in the clean up. You can do so by cleaning your sewing area, place the trash bag from your room in the hall and strip your bed. Place all your linens in the pillowcase and then place that in the hall too.
- Please turn in your retreat questionnaire